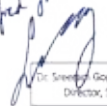


## 7.1.11\_SCMC\_National Festivals\_2016-2017

Sr. No.	Name of the event
01	Celebrating Nelson Mandela International Day with Literary and Debate Event Maadhyam
02	Onam
03	Yoga Day

Verified for NAAC



Dr. Sreedhar Gopalakrishnan  
Director, SCMC

## 7.1.11\_SCMC\_National Festivals Report\_2016-2017

### **7.1.11 Institution celebrates / organizes national and international commemorative days, events and festivals**


#### **Report 2016-17**

There are several festivals celebrated in India, and all these festivals get celebrated with full enthusiasm and joy. India is a country of diversity and people celebrate various festivals according to the way it gets celebrated in their community and region.

The national festivals are the festivals which get celebrated with the same joy and happiness throughout the country. People get so crazy about these festivals that they forget all their sadness and sorrows and spend lots of money to celebrate the festival fantastically. If we see an example of Independence Day, it gets celebrated by flying kites, and people spend lots of money on buying kites and threads and enjoy the festival.

Here at SCMC to inculcate cultural sense among students we have celebrated Diwali, World Braille Day by Vocal Performance of Sushree Joshi. We have also celebrated Onam, Nelson Mandela International Day with Literary and Debate Event Maadhyam and international Yoga day in the academic year 2016-17

Celebration and organization of national day, events and festivals fulfil us with cultural sensibility which bring along a spirit of love and devotion for the country also National Festival strengthens the social relations and communications which leads to unity among people and also bring us more closely to our nation which is helpful in promoting the national harmony.

Verified for NAAC  
  
Dr. Sreeraj Gopinathan  
Director, SCMC

Symbiosis Centre of Media and Communication

POULOMI ROY <roy.poulomi@scmc.edu.in>

Maadhya 2016 Is Here!

POULOMI ROY <roy.poulomi@scmc.edu.in> Mon, Jul 11, 2016 at 6:58 PM
To: ananya mehta <ananya.mehta@scmc.edu.in>, SHERINA POYYAIL <sherina.poyyail@scmc.edu.in>,
Suhas Gatne <suhas.gatne@scmc.edu.in>

SCMC's inter-batch literary and debate festival is back for its third edition in 2016!

The Literary and Debate Club is proud to host Maadhya, which will have 11 events this year- six literary and five debate events.

Please check the attached Powerpoint for further details regarding participation, rules and regulations.

If you wish to audition/ participate in any event, send a mail to either Poulomi (roy.poulomi@scmc.edu.in) or Sherina (sherina.poyyail@scmc.edu.in) in this format:

- Name:
Roll Number:
Batch:
Writing Event(s) You wish to participate in: abc, xxx
Debate Event(s) you wish to audition for: xyz

The auditions for the stage events will be conducted on:

- 12th July Tuesday- JAM, Shipwreck, Block and Tackle
13th July Wednesday- Punslinger, Taboo, Devil's Advocate
14th July Thursday- Poetry Slam, Quiz

The following writing events will be conducted earlier on the following days:

- 15th July- 5:00 pm - 6:00 pm - The Bulwer Lytton Fiction Contest
6:15 pm - 7:15 pm - Squeeze In, Ease In
16th July- 5:00- 6:30 pm - Spell & Bound

Do note that only those who show an active interest in auditioning and participating in Maadhya will be allowed to be a part of the official college contingent for inter-college fests such as Malhaar, Symbhav, Sympulse etc.

Regards,
Literary and Debate Club Heads,
Poulomi Roy (9860758739)
Sherina Poyyail (7798628697)

Maadhya 2016.pptx

Verified for NAAC
Dr. Srinivas Gopalakrishnan
Director, SCMC

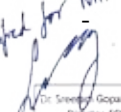


## Report\_Maadhyam

### Event Report

Name of the event: Maadhyam

Maadhyam, literally a medium of expression, is SCMC'S inter-batch literary and debate celebration. It includes numerous exciting events such as Spoken Word Poetry, JUST.A.MINUTE, Shipwreck, Pick your Teacher Debate, The Chain Reaction Debate, etc, that test a participant's wit, public speaking skills, and literary prowess. The details for the event are as follows: Date 18 July 2016 Time: 9:30 am to 5:00 pm Venue: Auditorium, Symbiosis Vimanagar Campus.

Verified for NARC  
  
Dr. Srinivas Gopalakrishnan  
Director, SCMC

**SYMBIOSIS VIMAN NAGAR CAMPUS**  
**POOKKALAM(FLOWER RANGOLI)COMPETITION AND**  
**LUNCH(ONA SADYA) ON THE OCCASION OF ONAM 2016**

Dear All,

This year Ona Sadya (Lunch) will be catered for in the A wing Mess and C Wing Mess on 08 Sep 2016 between 1 pm to 3 pm. Non hostellers including Faculty and Staff will be charged Rs 100/- in case they wish to have Onam lunch.

It is proposed to hold a POOKKALAM(Flower Rangoli) competition at SVC on Wednesday, 11 Sep 2016 between 8.00 am to 1.00 pm. Flowers in different shades as required will be supplied at 7.15 am by SVC authorities at each institute atrium. The place for the institutes for the rangoli will be a square of 6 feet x6 feet or a circle of 4' diameter in the respective entrance foyer/atrium of the institute. Nominated Faculty from each institute will form part of the Judging committee which will be requested to judge the event for ranking on various parameters.

At SVC location cash prizes will be given for winners (Rs 1500) and runners up (Rs 1000) along with a consolation prize of Rs 700 for the flower rangoli adjudged third best. Judging of the POOKKALAM will be done at 1.30 pm as per parameters specified on the format supplied by SVC authorities.

There is no restriction in the number of students who assist in making the Rangoli. However the list of participants has to be given to SVC office by 10 a.m.

Mr AT Sutar, Campus coordinator SVC (9766667864) can be contacted for any clarifications

Thanks and Regards

Col CV Mohan(Retd)

Senior Administrator

Symbiosis Viman nagar campus

06 Sep 2016

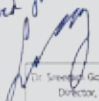
Verified for NAAC  
  
Dr. Sreenivas Gopalakrishnan  
Director, SCMC

## Score Card\_Onam

**POOKKALAM(FLOWER RANGOLI) COMPETITION 11 SEP 2016**

**SCORE SHEET**

**Relevance of theme to ONAM (10)    Creativity and design(10)**  
**Artwork and Presentation(10)    FINAL POSITION (out of 30)**  
**SCMS**  
**SID**  
**SCMC**

Verified for NAAC  
  
Dr. Sreenivas Gopalakrishnan  
Director, SCMC





# Circular\_International Yoga Day

(Established under section 3 of the UGC Act 1956, by notification No.F.9-12/2001-U3 Government of India)  
Accredited by NAAC with 'A' Grade  
Founder: Prof. Dr. S. B. Mujumdar, M.Sc., Ph.D. (Awarded Padma Bhushan and Padma Shri by President of India)

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## Celebration of World Yoga Day / International Day of Yoga on 21<sup>st</sup> June 2016

### Concept Note

Yoga is a 6,000+-year-old physical, mental and spiritual practice having its origin in India. Yoga works on the body, mind, emotions & energy and promotes a holistic approach to health and wellbeing.

In recognition thereof, the United Nations General Assembly declared 21<sup>st</sup> June as World Yoga Day. The event is celebrated worldwide by the people of all countries by practicing Yoga. Hon'ble Prime Minister Shri. Narendra Modiji has appealed to all of us to make Yoga an integral part of our daily lives.

In light of the rising incidences of lifestyle related disorders, especially stress and other disorders, yoga with its threefold maxim of *Relaxing the body, Slowing down the breath and Calming the mind* is the ideal medium to promote Wellness.

As a Health Promoting University, SIU will also celebrate World Yoga Day on 21<sup>st</sup> June 2016,


### BUT WITH A DIFFERENCE.

Rather than just conducting a *one off* session wherein all delegates passively follow demos of the master trainer (*and forgetting everything soon after the session is over, with no residual learnings*), it is proposed to focus on 'Yog literacy' and educate staff and students of SIU on an ongoing and continued basis, in accordance to the following ancient Chinese proverb :

*When planning for a year ..... sow corn*

*When planning for a decade .....plant trees*

*When planning for a lifetime .....educate men*

Verified for NAAC  
  
Dr. Srinivas Deshpande  
SIU, SIU, SIU

# Invite\_International Yoga Day

Fwd: Celebration of International Day of Yoga (IDY) : 21st June 2016 on each campus

INDEX X

Megha Mhaske <megha.mhaske@scmc.edu.in>

to staff -

Wed, Jun 16, 2016, 12:30 PM



Dear Colleagues,

*This is to inform that as per communication received from Symbiosis Society and SIU International Yoga Day would be celebrated on 21/6/2016 on each campus*

*All the teaching and non-teaching staff members are required to attend the said session.*

*Please note that yoga training session of around 45 mins would be conducted, therefore members suffering with severe medical problems, if any, to take necessary precautions.*

Time and venue as below :

Venue - SVC Auditorium

Time - 10:30 a.m. (All are required to be seated by 10:15 a.m.)

The concept note and schedule received are enclosed herewith for information.

Ms. Megha Mhaske

Office Superintendent

Symbiosis Centre For Media & Communication

Survey No. 231, Viram Nagar,

Pune - 411 014

Tel - +91-2026634511/12/13/14

Web - [www.scmc.edu.in](http://www.scmc.edu.in)

Verified for NAAC

Dr. Srinivas Govindarajan  
Director, SCAC



# Photograph\_International Yoga Day

