

1/10/2020

Gmail - Fwd: Regarding Armed Forced Flag Day - 7th December



Nishi Jain <nishitawassan@gmail.com>

Fwd: Regarding Armed Forced Flag Day - 7th December

1 message

Nishita Jain <nishita.jain@scmc.edu.in>
To: Nishi Jain <nishitawassan@gmail.com>

Fri, Jan 10, 2020 at 9:52 AM

----- Forwarded message -----

From: **Sreeram Gopalkrishnan** <sreeram.gopalkrishnan@scmc.edu.in>
Date: Thu, 7 Dec 2017, 09:03
Subject: Fwd: Regarding Armed Forced Flag Day - 7th December
To: Nishita Jain <nishita.jain@scmc.edu.in>, Swapnil Yadav <swapnil.yadav@scmc.edu.in>
Cc: Anupam Siddhartha <anupam.siddhartha@scmc.edu.in>

Nishita to accompany 1st yr students(one division) and ensure Story & Photographs of the event pl.

Swapnil to ensure attendance which is mandatory as per Director's instruction

thanks

Dr Sreeram Gopalkrishnan

**Associate Professor,
Symbiosis Centre for Media & Communication (SCMC)**

Ranked as India's Best Mass Comm College by the annual India Today-Nielsen surveys in 2013, 2014 (Story, Video), 2015, 2016 (Story, Video) & 2017

A Department of Symbiosis International University (SIU) under the Faculty of Media, Communication & Design (FoMCD)

Re-accredited by NAAC with 'A' Grade

Survey # 231, off [New Airport Road, Viman Nagar, Pune 411 014, Maharashtra, India](#)

Tel : +91 20 26634511, 12, 13, 14, 15; +91 20 30037376 (Dir)

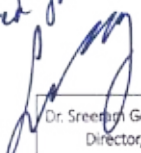
Cell : +91 9082558289

----- Forwarded message -----

From: **Director SCMC** <director@scmc.edu.in>
Date: Wed, Dec 6, 2017 at 8:23 PM
Subject: Fwd: Regarding Armed Forced Flag Day - 7th December
To: "Dr Sreeram Gopalkrishnan, Associate Professor, SCMC" <sreeram.gopalkrishnan@scmc.edu.in>

----- Forwarded message -----

From: "Registrar" <registrar@siu.edu.in>
Date: 01-Dec-2017 11:11 am
Subject: Regarding Armed Forced Flag Day - 7th December
To: "AllDirectors" <alldirectors@siu.edu.in>
Cc:

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Dr. Sreeram Gopalkrishnan
Director, SCMC

Dear Sir/ Madam,

Please find attached a notice received from UGC, requesting to arrange functions/ talks for the students to generate awareness about the sacrifices made by our Armed forces and significance of the Armed Forces Flag Day, for your information.

Regards,



In India the 7th of December is observed annually as Armed Forces Flag Day. In honour of this, on the 9th of December this year, Retd. Colonel Jayant Pendse of the Indian Armed Forces visited Symbiosis Institute of Design and Symbiosis Centre for Media and Communication to share his experiences, having been an officer in the Indian Army for 31 years. His presentation, proudly titled 'An Army Officer's Journey in Uniform', was shared with the intention of enlightening the students from the two colleges about the trials, tribulations, victory and pride that every army officer experiences during service.

Retd. Colonel Pendse opened his presentation with a brief recollection of the process of enrolling at the National Defence Academy, Pune in 1976, and fondly remembered his first day at the Academy, where he was commanded to "get rolling" by a senior, and consequently had to drop to the ground and roll over and over until the end of the corridor. This was only a taste of the vigorous physical training that he would have to go through during the next three years spent at the academy. In addition to the physical training, the cadets were put through a comprehensive academic program, in which the retired colonel obtained his Bachelors in Arts.

The armed forces, said Colonel Pendse, aims to make men from boys. At the NDA, military, navy and air force cadets trained together. The strong friendships forged between the men of different disciplines would later help them form useful professional alliances. After graduating from the NDA, Colonel Pendse went on to enrol in the Indian Military Institute in Dehradun where, he fondly recalls, he participated in a cycle hike from Dehradun to Delhi, something he had wanted to undertake for a very long time.

After four years at the academy, Colonel Pendse and his peers were instilled with the quality of selflessness. He shared with the students that selflessness was expected and demanded of every person in service; it was, indeed, what set them apart from civilians. He passed out of IMI Dehradun with a pipping ceremony, where he received epaulets on either of his shoulders from his parents. Colonel Pendse then proudly shared with the students a photograph of him placing an epaulet on the shoulder of his son, who had followed his footsteps and joined the Armed Forces as well.

Colonel Pendse went on to recall a brief time spent at the Regimental Training Centre, after which he was posted first to Ferozepur in Punjab, and then to Manipur during an insurgency that was taking place there. Both postings were during times of local unrest, and he along with his peers were trained vigorously for any and every scenario. It was then that Colonel Pendse learned that no physical activity could be insurmountable to a willing mind—if the mind is willing, the body will do it.

He continued to share a couple of anecdotes of his time spent in Manipur, where a majority of his operations involved locating instigators of the insurgency. One was found hiding in a shallow pond and breathing through a straw, and another in a space between the outer and inner walls of a dilapidated house. Not all anecdotes were light-hearted; the retired colonel recounted a time when a retrieval operation almost went south as he attempted to capture an armed perpetrator. However, the

- Minimize food waste by creating awareness among students and staff related to food consumption at the Campus Mess and Canteen. Efforts will be made by each campus to install and maintain biogas plants at high efficiency at its locations by carrying out a techno economic feasibility study followed by designing and commissioning of such plants within the constraints of SIU needs and budgets.
- Create a Centre for Waste management and sustainability for raising awareness, implement projects for waste minimisation and develop advocacy programmes with communities and stakeholders.
- Formulate an integrated waste management plan of action involving all stakeholders of society and communities(students, policy makers, NGOs, Urban local bodies, Corporators, Academic institutions, Industry and other agencies).

3.4.4 BIODIVERSITY, LANDUSE AND BUILDINGS

SIU is conscious of the adverse aspects of development and benefits of ecological diversity for the sustainable development of human beings and especially for educational Institutions. Being one of the top progressive Universities of India, SIU responsibilities towards environment and for its society is well considered while continuing with their goal of quality standards in education. It is an ongoing responsibility to enhance and protect the biodiversity landscape at SIU and its constituent institutes to develop sustainable infrastructure systems. SIU shall make every endeavor to create, maintain and strengthen the existing proportion of green space at its campus by addressing :

3.4.4 – a) Biodiversity

- Conduct an Inventorisation and status survey of flora and faunal diversity of all campuses. Efforts will be made to identify threatened and endangered species of flora and fauna.
- Develop a biodiversity action plan aimed to protecting indigenous habitats
- Carry out afforestation, plantation and maintenance of appropriate trees, shrubs and other indigenous vegetation through ecologically sound practices.
- Ensure minimal use of chemical herbicides and pesticides in the maintenance of biodiversity
- Follow environmentally sound practices in maintaining existing landscape and its vegetation.

3.4.4 -b Building Design

- Infrastructure establishments (campus academic blocks, hostel blocks, residential sites for employees) will be designed, constructed, and commissioned using the latest sustainable building design norms, materials and technologies .

E-mail-World Environment Day



Fwd: Observing World Environment Day on 5 June 2018

1 message

Nishita Jain <nishita.jain@scmc.edu.in>
To: kanchan thade <kanchan.thade@scmc.edu.in>

Mon, 4 Jun 2018 at 14:57


Dear Students,


Do you know that the inside air in your homes, workplaces etc is likely to be twice as polluted as the air outside? Your home/ workplace may well be giving you asthma or depression, reducing your efficiency and making you fall sick regularly! Unbelievable but true. On Earth Day, we welcome students to attend a live demo on creating terrariums for your homes with air purifying plants. The demo also guides you through which plants can be best used to remove harmful pollutants from the indoor spaces.

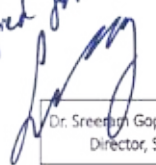
Live Demo by: Dr. Shirin Abbas,
Bonsai & Terrarium expert & MA in Environment & Ecology
Timing-4.30-5.00, Location- Student's Activity Lounge, SCMC.

[Quoted text hidden]

2 attachments

 globe.jpg
10 KB

 Terrarium Sprinkle Bakes.jpg
145 KB

Verified for NAAC

Dr. Sreeragh Gopalkrishnan
Director, SCMC

Photograph-World Environment Day





Nishita Jain <nishita.jain@scmc.edu.in>

Fwd: International Day of Yoga - IDY

poonam koli <poonam.koli@scmc.edu.in>
To: Nishita Jain <nishita.jain@scmc.edu.in>

Sat, Jun 22, 2019 at 4:29 PM

----- Forwarded message -----

From: **Megha Mhaske** <megha.mhaske@scmc.edu.in>
Date: Mon, Jun 19, 2017 at 11:19 AM
Subject: Fwd: International Day of Yoga - IDY
To: <staff@scmc.edu.in>

Dear Colleagues,

Pls find attached herewith the schedule for International Yoga Day to be celebrated at our campus on 21/6/2017.

It is requested to attend the same.

----- Forwarded message -----

From: **Col V.K. Kempraj** <campusadmin.newsvc@symbiosis.ac.in>
Date: Sat, Jun 17, 2017 at 5:34 PM
Subject: Fwd: International Day of Yoga - IDY

Dear All ,

Further to the trailing mail from the Sr Campus Administrator SVC, attaching herewith the general instructions for The International Yoga Day to be held at SVC on 21 June 2017, for your necessary action please.

Thanking You

With regards & best wishes

Col VK Kempraj (Retd)
Campus Administrator
Symbiosis Viman Nagar New Campus
Mob 9049980949

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Ms. Megha Mhaske
Office Superintendent
Symbiosis Centre For Media & Communication
Survey No. 231, Viman Nagar,
Pune - 411 014
Tel - +91-2026634511/12/13/14
Web - www.scmc.edu.in

Verified for NAAC

Dr. Sreeniv Gopalakrishnan
Director, SCMC

INTERNATIONAL YOGA DAY CELEBRATIONS -2017

SYMBIOSIS VIMAN NAGAR

General Instructions

Introduction

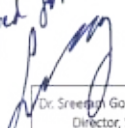
1. International Yoga Day 2016 will be celebrated by all Institutes of Viman Nagar campus on 21 June 2017 from 0930 hrs to 1030 hrs at Symbiosis Viman Nagar Campus Auditorium, as per directions of Symbiosis mail dated 05 Jun 2017 & Registrar. SIU mail dated 07 Jun 2017.

Conduct

2. All participants should be seated in the auditorium by 0915 hrs on 21 June 2017
3. **Schedule** .The details of program are attached at annexure 1
4. **Participation ..** The details of vacancies allotted to the institute are as follows :-

Institute	Faculty & staff	Students	Total
a) SLS	75		75
b) SCMS	65	80	145
c) SID	60	80	140
e) SCMC	35	80	115
f) SSLA	30	-	30
g) SSIS	05	-	05
h) SVC& SVNC	75	-	75
	Total		585

5. The institutes are requested to detail faculty/ staff in charge to ensure the attendance & participation of their respective staff & students. **They will also be responsible for maintaining proper discipline of their participants during the conduct of the event.** An attendance sheet will be submitted on conclusion of the event to the Sr Campus Administrator for onward submission to SIU.
6. **Chief Guest. Dr Anupam Sidharta, Director SCMC has kindly consented to be the chief guest for the event . He would be deliveri9ng the welcome note & Felicitate the Yoga Instructors (Guests)**
7. **Chief Coordinator.** Col V K Kempraj (Retd) Campus Administrator, SVNC will be the coordinator Assisted by the USB (RWC) staff who will be responsible for the coordination & smooth conduct of the program
8. **Special Instructions**
 - a) The session is open for all , guests may be invited with prior intimation
 - b) Be seated 15 min before commencement of the session.
 - c) Men and Women participants will be seated separately.
 - d) **Attire:** Wear loose fitting clothes. Avoid jeans, belts and laced shoes.
 - e) **Food Intake:** Eat two hours prior to the session.
 - f) **Voiding:** Empty your bladder before the session.

Verified for NARC

Dr. Sreedhar Gopalakrishnan
Director, SCMC

Photograph_Yoga Day



Verified for WhatsApp
[Signature]

Dr. Sreedhar Gopalkrishnan
Director, SICWC