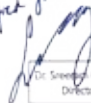


7.1.11_SCMC_National Festivals_2018-2019

Sr. No.	Name of the event
01	Celebrating Diwali
02	Saraswati Puja
03	International Yoga Day

Verified for NAAC

Dr. Sreedhar Gopalakrishnan
Director, SCMC

7.1.11_SCMC_National Festivals Report_2018-2019

7.1.11 Institution celebrates / organizes national and international commemorative days, events and festivals

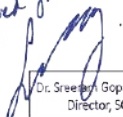
Report 2018-19

The national festivals are the festivals which get celebrated with the same joy and happiness throughout the country. People get so crazy about these festivals that they forget all their sadness and sorrows and spend lots of money to celebrate the festival fantastically. If we see an example of Independence Day, it gets celebrated by flying kites, and people spend lots of money on buying kites and threads and enjoy the festival.

Here at SCMC to inculcate cultural sense among students we have celebrated Sarswati pooja, Diwali and international Yoga day in the academic year 2018- 19

Celebration and organization of national day, events and festivals fulfil us with cultural sensibility which bring along a spirit of love and devotion for the country also National Festival strengthens the social relations and communications which leads to unity among people and also bring us more closely to our nation which is helpful in promoting the national harmony.

There are several festivals celebrated in India, and all these festivals get celebrated with full enthusiasm and joy. India is a country of diversity and people celebrate various festivals according to the way it gets celebrated in their community and region.

Verified for NAAC

Dr. Sreehari Gopalakrishnan
Director, SCMC



Fwd: Diwali lunch at SV C old campus

1 message

Megha Mhask e <megha.mhask e@scmc.edu.in>
To: staff@scmc.edu.in

Fri, 26 Oct 2018 at 14:56

----- Forwarded message -----

From: Col. Mohan
Date: Thu, Oct 25, 2018 at 1:49 PM
Subject: Diwali lunch at SV C old campus

Dear All,

We are pleased to invite you to Diwali lunch at old campus as per attached programme. The invitation is extended to all the faculty and staff members of SCHC(SV C), RWC(SV C), SCEW(SV C), SIS, SCMS, SI D and SCMC. In addition all house keeping, security, bus drivers and on campus vendors at old campus are cordially invited.


Thanks and Regards

Col C V Mohan(Retd)
Senior Campus Administrator
Symbiosis Viman nagar campus
Pune 411014
Tel -020-26657154
0-8087085043/44(O)

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Ms. Megha Mhask e

Sr. Superintendent, Symbiosis Centre for Media & Communication (SCMC)
Ranked as India's Best Mass Comm College by the annual India Today-Nielsen surveys in 2013, 2014 (Story, Video), 2015, 2016 (Story, Video) & 2017
A Department of Symbiosis International University (SIU) under the Faculty of Media, Communication & Design (FoMCD)
Re-accredited by NAAC with 'A' Grade
Survey # 231, off New Airport Road, Viman Nagar, Pune 411 014, Maharashtra, India
Tel: +91 20 26634511, 12, 13, 14, 15; +91 20 30037363 (Dir)
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 Diwali Lunch 2018-01.jpg
4.3 MB

Verified for NAAC

Dr. Sreenivas Gopalakrishnan
Director, SCMC

INVITATION

Chandrashekhar Mohite
Vaishnavi Caterers
Old Symbiosis Viman Nagar Campus, Pune

Cordially invites you to
Diwali Lunch
on Wednesday, 31th October, 2018

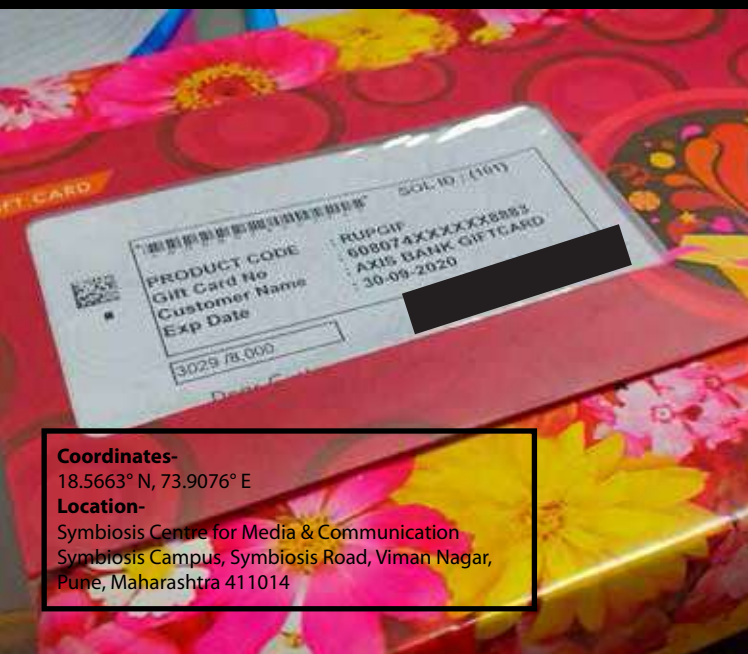
Venue
SVC Auditorium Lobby

Lunch
12.00 noon to 02.00 p.m.



Verified for NMAC
Dr. Brijendra K. Acharya
Director, NMAC

Photograph_Diwali Voucher and Gifts



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Location-
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Symbiosis Campus, Symbiosis Road, Viman Nagar,
Pune, Maharashtra 411014



Coordinates-
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Verified for NMAC
Dr. Brijendra K. Acharya
Director, NMAC

Invite_Saraswati Puja



Invitation - Sar aswati Puja 2018 at SID

1 message

Megha Mhask e <megha.mhask e@scmc.edu.in>
To: staff@scmc.edu.in

Tue, 16 Oct 2018 at 15:24

----- Forwarded message -----

From: SID Libr ary
Date: T ue, Oct 16, 2018 at 2:27 PM
Subject: Invitation - Sar aswati Puja 2018 at SID

Dear Madam and Sirs,

Greetings fr om Symbiosis Institute of Design, Pune!

On behalf of e veryone at SID , I would lik e to invite all faculty and staff members of SCMC, SCMS, SIS and CAMPUS for "Sar aswati Puja ", on Thursda y, 17th Oct ober 2018 at 10.30 a.m. at SID , Ground floor (A trium outside Libr ary).

We look for ward to your gracious pr esence.

Request: Dear Megha Madam,Please for ward our invitation t o SCMC Staff & F aculty

Warm Regar ds,

Warm regards,

Vidya Dhanwantari.

Library In char ge

Symbiosis Institute of Design

Viman Nagar , Pune 14

Phone: 020 2 6557218 / 219

Verified for NAAC

Dr. Sreedhar Gopalakrishnan
Director, SCMC

Photographs_Saraswati Puja



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E-mail-International Yoga Day

4/20/2020

Symbiosis Centre of Media and Communication Mail - Fwd: Celebration of International Day of Yoga (IDY) 2018



Nishita Jain <nishita.jain@scmc.edu.in>

Fwd: Celebration of International Day of Yoga (IDY) 2018

Megha Mhaske <megha.mhaske@scmc.edu.in>
To: staff@scmc.edu.in

Wed, Jun 20, 2018 at 3:11 PM

Dear Colleagues,

Please find below mail regarding celebration of International Yoga Day on 21/6/2018.

The teaching and non-teaching staff members are encouraged to attend the same.

Instructions received from RWC are attached herewith for reference. Participants are required to go through the same.

----- Forwarded message -----

From: **Executive Information**
Date: Fri, May 25, 2018 at 3:25 PM
Subject: Celebration of International Day of Yoga (IDY) 2018

Dear Madam/ Sir,

21st June is observed as International Day of Yoga (IDY).

Every year the University celebrates IDY in unique and innovative ways. The theme this year is "Unity of Mind & Body" and "108 days Yoga Challenge".

Symbiosis Centre for Yoga will be conducting Yoga sessions on this day. The Concept Note and presentation wrt the celebration of IDY is attached herewith for your ready reference.

The Campus wise schedule and the names of the trainers are mentioned in the concept note.

The respective trainers will contact the Institutes for co-ordination of the event.

Regards,

Bhavana Desai
Executive - Information & Communications
Symbiosis International (Deemed University)
Gram: Lavale, Tal : Mulashi, Dist.: Pune -412115
Phone No: 02039116274
Website - www.siu.edu.in



Verified for NAAC

Dr. Sreeraj Gopalkrishnan
Director, SCMC

"Every accomplishment starts with the decision to try"



SYMBIOSIS CENTRE FOR YOGA **Symbiosis International (Deemed University)**

(Established under section 3 of the UGC Act 1956)

Re-accredited by NAAC with 'A' Grade (3.58/4) | Awarded Category I by UGC

Founder: Prof. Dr. S. B. Mujumdar, M.Sc., Ph.D. (Awarded Padma Bhushan and Padma Shri by President of India)



Celebration of World Yoga Day / International Day of Yoga on 21st June 2018

Concept Note

"Symbiosis Yoga Program – Unity of mind and body"

Symbiosis has been celebrating International Yoga Day consecutively for the last four years with our students, staff for the betterment of society, ultimately to help in building a Prosperous and Mindful Nation.

The first year was the **Year of ASANAS**,

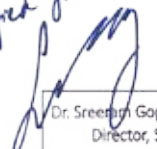
The second year was **the Year of DESK YOGA and YOGA POPUPS**.

The third year was the **Year of PRANA & 108 days Yoga Challenge**

This year it is the year of "Unity of Mind & Body" & **108 days Yoga Challenge**

On the occasion of International day of Yoga 21st June 2018, along with routine **ASANAS**, we wish to inculcate and foster an understanding that the whole world is one family through an innovative practice namely Meditation on "**Vasudhaiva Kutumbakam**" through the "**Unity of Mind & Body**". It is a social philosophy emanating from a spiritual understanding that the whole of humanity is made of **one life energy**. This meditation would help release the suppressed energy and negative emotions, so that a feeling of **oneness can be experienced within**.

- ☒ **108 days Yoga Challenge:** This year the challenge comprises of increasing the number of Suryanamaskars so as to culminate in an open 108 Suryanamaskar performance. (Details attached).

Verified for NAAC

Dr. Sreeraj Gopalkrishnan
Director, SCMC

Circular-International Yoga Day



प्रो. रजनीश जैन
सचिव

Prof. Rajnish Jain
Secretary



सत्यमेव जयते

विश्वविद्यालय अनुदान आयोग
University Grants Commission

(मानव संसाधन विकास मंत्रालय, भारत सरकार)
(Ministry of Human Resource Development, Govt. of India)

बहादुरशाह ज़फ़र मार्ग, नई दिल्ली-110002
Bahadur Shah Zafar Marg, New Delhi-110002

Ph.: 011-23236288/23239337

Fax : 011-2323 8858

E-mail : secy.ugc@nic.in

No.F.14-13/2015(CPP-II)

13th March, 2018

To,

The Vice-Chancellor of all Universities.

Sub. : Celebration of International Day of Yoga – 2018.

Sir/Madam,

The 4th **International Day of Yoga (IDY)** will be held on **June 21, 2018**. The Ministry of AYUSH has taken up the preparation for celebration of International Day of Yoga with greater and more active participation of youth during the current year celebration. It has been decided to celebrate the IDY 2018 in a befitting manner by adopting the following activities:

- To build a culture and environment for Yoga in Universities and Colleges and other Higher Education Institutions (HEIs)
- To organize quiz competitions, lecture, special yoga demonstrations, debates, seminars and workshops on Yoga
- To hold Yogathons, Wellness Centers, Poster Presentations, and best research paper presentations on Yoga Day

Accordingly, you are requested to kindly observe the International Day of Yoga on 21st June, 2018 by undertaking the above mentioned activities in your esteemed University and affiliated Colleges.

You are also requested to disseminate and give wide publicity for Celebrations of IDY-2018 as a run-up activity on two select dates. These dates are **13th March (100 days to the event)** and **2nd May (50 days to the event)**.

You are informed that UGC has created a University Activity Monitoring Portal, ugc.ac.in/uamp/ for enabling HEIs to provide details on the activities carried out on IDY and any future events /activities to be undertaken. You are requested to login to this portal with the same user id and password as provided by UGC for the UGC University portal (<https://ugc.ac.in/uniportal/>) and **upload the activities/photographs/videos of events conducted in your University/affiliated institutions**. In case of any query regarding login credentials for this portal, universities may send an email at uamp.ugc@gmail.com.

Since the first event falls on 13th March, 2018 itself, it is not possible to organize this event. All the HEIs are requested to undertake all other activities as mentioned above.

You are requested to provide details of the IDY activities on the UGC University Activity Monitoring Portal by **22nd June, 2018 10:00 am** and also upload the same on university/institution website.

Yours faithfully,

(Prof. Rajnish Jain)
Secretary

Copy to:

- The Joint Secretary (HE), Department of Higher Education, Ministry of Human Resource Development, Shastri Bhawan, New Delhi – 110 115 (for information in response to letter No. D.O. No. 18-2/2018-U1A dated 5th March, 2018).
- The Publication Officer, Website Division, UGC, New Delhi – 110 002.

(Prof. Rajnish Jain)
Secretary

Verified for
Dr. Sreeraj Gopalkrishnan
Director, SCMC

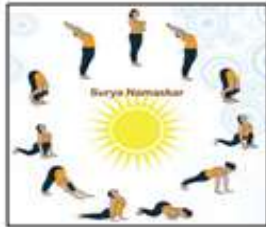


108 Days Yoga Challenge



Registration on website
—

21st to 30th June 2018



Yoga Challenge 108 days —

1st July to 14th Nov



2018
Results During
Mr. & Ms.

Symbifit 2018

Verified for NAAC

Dr. Sreeragh Gopalakrishnan
Director, SCMC

Photograph-International Yoga Day



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Director, SCMC